



ONE SMARTDIET

USER GUIDE

VERSION 2.0

SD-W10

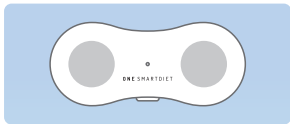
Compatible with both **iOS** and **Android**

Read through this manual before operating your device and store it for future reference.

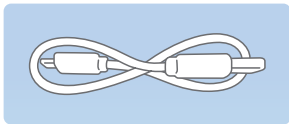
OSD
ONESOFTDIGM

1 CONFIGURATION

 ONE SMARTDIET



One SmartDiet Device



USB Cable



Pouch



Manual

2 FEATURES

 ONE SMARTDIET

Front LED Lamp

Operating - Blue,
Charging - Red,
Fully Charged - Green.

Four Electrode Sensor

A Bioelectrical Impedance Analysis (BIA) will be conducted via the four electrode sensors to determine your skeletal muscle mass, body fat percentage, and other components of your body composition.

Acceleration Sensor

Your activity levels can be gauged via the acceleration sensors built into the device.

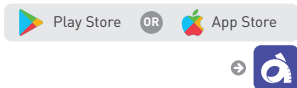
Quick Power Button

Turn the device on or off with a simple press of the power button. The LED display is activated when the device is in use.



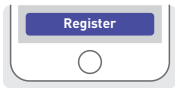
3 HOW TO USE

1 Download the **One SmartDiet** App.



2 Register

Provide your basic personal information to get started.

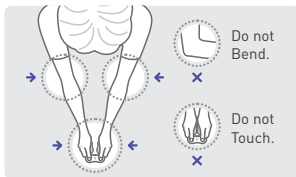


3 Connect **One SmartDiet** to your smartphone via Bluetooth.



ONE SMARTDIET

4 It only takes 5 seconds to scan your body via BIA technology.



5 You will be provided with an easy to understand analysis of your measurements on the **One SmartDiet** App.



4 USER GUIDE

iOS Users



Download
the App
from the
App Store.



Android Users



Download
the App
from the
Play Store.

ONESMARTDIET is a portable device that easily and accurately measures your body composition and more.

- › **One SmartDiet** syncs with your smartphone. Make sure your Bluetooth is on.
- › **One SmartDiet** App is compatible with Android version 4.4, iOS version 9.0, and above. It may not be supported on an Android tablet or iPad.
- › A PIN number is not required to access the **One SmartDiet** App on your smartphone.

- 1 Download the **One SmartDiet** App from the  Google Play Store or  Apple App Store.
- 2 **Register** : Provide your basic personal information to get started.
- 3 Connect **One SmartDiet** to the app via Bluetooth and measure your body composition.

5 WARNING

Make sure to remove any nearby devices that can cause wireless interference.

These sources include but are not limited to microwave ovens, wireless audio operating in the 2.4 GHz or 5 GHz bandwidth, and certain power sources.

These sources can cause slower performance or disconnection from **One SmartDiet** and may also interfere with the Bioelectrical Impedance Analysis, resulting in inaccurate readings.

One SmartDiet is not a medical device and should not be used for diagnostics or treatment.

- › Do not use this device if you are dependent on any biometric devices, such as a cardiac regulator, medical ECG, mechanical heart, or heart-lung machine.
- › Do not use **One SmartDiet** to measure your body composition during pregnancy or menstruation. There will be discrepancies.
- › The electric current (under 150 μ A of 50 kHz) is too low for anyone to sense or be affected by it. If you do experience any sensations or symptoms, immediately cease its operation.
- › Do not disassemble or modify the device. Avert any physical trauma to the device.

Precaution › Do not eat or dismantle the battery. Keep out of children's reach.

- › You must follow local regulations when disposing of the device or any of its components and accessories.

6 WARRANTY



- › Within the one-year warranty period, if any malfunction transpires under normal use, as established by the manual, the affected components of the product will be exchanged free of charge.
- › Past the one-year mark of the initial purchase, you will be responsible for the cost of any exchanges.
- › In principle, the components will be exchanged with those of the same color and model.
- › The customer is always responsible for the shipping costs.
- › In the following cases, the service fee may be charged even during the warranty period.
 - Malfunctions or damages of any disassembled or modified devices.
 - Damages caused by water / liquid or any weather conditions.

Customer Service
Contact Information
(Republic of Korea)

info@onesoftdigm.com



7 DEVICE DESCRIPTION

The content of the User Guide (including safety precautions) may be changed at any time without notice to Users as the specifications for Hardware, Software and Configurations are modified.

Device Name	ONESMARTDIET
Model Number	SD-W10
Trade Name	ONESOFTDIGM Co., Ltd.
Manufacturer	ONESOFTDIGM Co., Ltd.
Country of Origin	Republic of Korea

- › The production date is marked separately.





ONE SMARTDIET

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Some of the images which appear in this User Guide may differ from those on your product.

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You can find more information in the web manual site. You can access it by using the QR code.



ONE SMARTDIET